

UNIVERSITY OF THE THIRD AGE REDCLIFFE INC.

(LEARNING FOR ADULT SENIORS IN THEIR THIRD AGE)

Established 1988 - Founder Olive McKee

Incorporated No 6263 (Qld)

ABN 81 561 892 188

NEWSLETTER

(Includes Class Schedules & Campus News)

EDITION NO. 123 - TERM 2 MONDAY 16TH APRIL - FRIDAY 29TH JUNE 2018

Member of U3A QLD Network



Campus: The Sutton Centre Level 1, 157-159 Sutton St. Redcliffe

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DIARY DATES TO REMEMBER IN 2018					
Trivia Thursday 5 th April					
Jazz in MBR Wednesday 11 th April					
First day of Term 2, 2018		MONBAY62249 JANUARY			
Anzac Day Holiday Wedr		Vednesday 25 th April			
U3A Qld State Conference Thu		hursday 31 st May & Friday 1 st June			
Last day of Term 2 2018 Friday 29th June					

U3A HONORARY SOLICITOR: Paul Tierney LLB

(Beston & Company, Violet St, Redcliffe)

CARE & CONCERN:

Shirley Smith our Care & Concern Aide has reluctantly had to step down from this role and we are seeking to appoint a member to take over this role. We encourage members to contact our Care & Concern Aide if you know of someone who is unwell or not feeling 100% and unable to attend class. **You can also let the Office Team know.**

If you are interested in becoming the Care & Concern Aide please contact the Secretary or leave your details at the office and we will get back to you. This is an important role, as we have found our members appreciate receiving a card or call.

Recently, quite a few of our members have been quite ill and we were not aware of this. Please phone the office and let us know, so that we can arrange to make contact. We do have a Care & Concern Book which is checked regularly. We extend our best wishes to those members who have been unwell in recent times and hope that you will soon be enjoying better health.

Sad news. . .

It is with much sadness that we advise the passing of 3 of our members: Three very special ladies. **Kath Ferguson** passed away on 28^{th} January. Long term members will recall Kath and her late husband Bob.

One of my fondest members is when we used to prepare the Quarterly Newsletter for mailing. Kath and Bob used to walk down the corridor hand in hand, with a home baked Date Loaf in Bob's hand for our morning tea.

Betty Edwards: who had been a member for ten years and was a student of the Embroidery & Needlework class. Betty always had a joke or funny story to tell. Her embroidery was exquisite.

Although we had not been advised, there was a notice in the Redcliffe Herald advising of the passing of one of our Life Members, **Verna Carseldine**. It is believed that Verna passed on the 1^{st} February.

We extend our warm thoughts to the families and friends of these very special U3A Members.

TERM 2 CALENDAR 2018 – 11 WEEK TERM

FA = Fortnightly A

FB = Fortnightly B

APRIL					Term			
Week	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	Wk No
FA	16	17	18	19	20	Closed	Closed	1
FB	23	24	25	26	27	Closed	Closed	2
FA	30							3
			M	AY				
Week	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	
FA		1	2	3	4	Closed	Closed	3
FB	7	8	9	10	11	Closed	Closed	4
FA	14	15	16	17	18	Closed	Closed	5
FB	21	22	23	24	25	Closed	Closed	6
FA	28	29	30	31		Closed	Closed	7
JUNE								
Week	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	
FA					1	Closed	Closed	7
FB	4	5	6	7	8	Closed	Closed	8
FA	11	12	13	14	15	Closed	Closed	9
FB	18	19	20	21	22	Closed	Closed	10
FA	25	26	27	28	29	Closed	Closed	11

Public Holidays & Events Term 2 2018:

Anzac Day 25th April

TERM DATES FOR 2018

TERM 2 MON 16 APRIL – FRI 29 JUNE TERM 3 MON 16 JULY – FRI 21 SEP TERM 4 MON 8 OCT - FRI 14 DEC

CAMPUS HOURS

8.30 - 4.00pm Monday to Friday

8.30 - 1.00pm Saturday - Currently the Campus is not open on Saturday
The Office is open for business from 8.45 - 4.00pm Monday to Friday only.
First thing in the morning office volunteers are preparing the campus for the classes.

<u>U3A REDCLIFFE INC. IS RUN BY VOLUNTEERS AND IS AN</u> <u>APOLITICAL AND A NON-DENOMINATIONAL ORGANISATION</u>

U3A Redcliffe Inc. holds Public Liability Insurance

WHO'S WHO AT U3A REDCLIFFE INC.

MANAGEMENT	COMMITTEE
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President	Tony Nobbs	0402 247 411
Vice President	Ruth Northcott	0438 395 043
Treasurer	Barbara Emery	3203 7636
Secretary	Judith Murphy	3283 4459

Committee Ellie Frawley --

Committee Tom Hunt 3880 1172 Committee 3203 7867 Carl Jones Committee Sam O'Neill 3203 7867 Committee Cheryl Parker 0412 378 751 Committee Julie Street 0407 043 467 Committee Trish Yann 3883 1670

LIFE MEMBERS

Margaret Ball (decd)

Joan Castles

Peg Hands

Chantal Bon

Anita Cavanagh (decd)

Marie Hardy

Verna Carseldine (decd)

Keith Davis

Bob Ferguson (decd)

Mary Knight

Frans Ruhl (decd) Laurie Russell (decd) Jackie Russell Robyn Tryhorn Sandy Stow John St Pierre (decd) Terry Wall Marion Worley Carl Jones Judith Murphy Ed Brighouse

Hazel Jones Judith Murphy
Hazel Jones Barry Montague

COMMITTEE AIDES

Care & Concern

Computer Maintenance	Chris Cullen	0447 760 774
Campus Communique Editor	Des Jackson	0421 615 055
Bus Trips Coordinator	Jenell Parish	5499 3620
Health & Safety	Sam O'Neill	0410 021 030
Librarian	Julia Lewis	3284 8791
Newsletter Editor	Judith Murphy	3283 4459

Publicity Officer Position Vacant

Repairs & MaintenanceTony Nobbs0402 247 411Tutor CoordinatorRuth Northcott0438 395 043

Website Position Vacant

HOUSEKEEPING & FUNCTIONS / REPAIRS & MAINTENANCE AIDES

Sheila Dockrill Muriel Skelly Pat Tabb
Helen Ward Arthur Pemberton Tom Hunt

NEWSLETTER PRODUCTION TEAM

Ed Brighouse Kathy Castleton Trevor Fisher Dorothy Gavin
Carl Jones Jim McKenna Anne Miles Roger Miles

OFFICE VOLUNTEERS

Judith Murphy

Naomi Bates Ed Brighouse **Brad Chanter** Ulla Clignett Elizabeth Hickey Tom Hunt Heather Grebert Barbara Hornsby Clare Kelly Pam Lawson Gary Mackenzie Hazel Jones Judith Murphy Margaret Martin Roger Miles Mei Marshall Cheryl Parker Susan Taylor Kay Nicholls Jill Stanton

Trish Yann Susan Hearfield

"Big Things have small beginnings"

U3A STATE CONFERENCE QLD
Will be held at the U3A Redcliffe campus
On Thursday 31st May and Friday 1st June.
There is an exciting array of
Guest Speakers and Exhibitors

Check out the website for full details: www.u3aqldconference.org/

On Wednesday 30th May we will be launching a book to celebrate the 30th Anniversary of U3A Redcliffe Inc.

Further details will be posted on the Noticeboards and in the Campus Communique

Once again we will be holding our Seniors' Week Concert here in the Margaret Ball Room

When: Tuesday 21st August Further details will be available shortly

U3A REDCLIFFE INC. ANNUAL GENERAL MEETING

Seventy one members attended the Annual General Meeting on Saturday 24th March, and the following members were elected to the 2018 Management Committee

Office Bearers:

President: Tony Nobbs
Vice President Ruth Northcott
Treasurer Barbara Emery
Secretary Judith Murphy

7 Committee Members

Ellie Frawley (new)

Sam O'Neill

Tom Hunt

Carl Jones

Cheryl Parker (new)

Julie Street

Trish Yann

Congratulations to each of the members elected and thank you to those members who nominated for Committee.

Judith Murphy - Secretary

Certificates & Badges awarded to the following members:

Life Membership: Ed Brighouse Hazel Jones Barry Montague

30 Year: Judith Parker

20 Year: Joan Chadwick Jackie Russell Jennette Russo

John Taylor

10 Year: Trevor Bianchi Linda Brown Sue Cuerden

Bert Ealing Barbara Emery Val Farmer
Robin Garey Karlene Lewis Emma McLeod
Lynette Ross Judith Murphy Tony Nobbs
Susan Sinclair Helen Tierney Leona Tong

Elaine Trost Margaret Whitson Shirley Woodcroft

Certificates of

Appreciation: Ed Brighouse Kathy Castleton

Keith Davis Ann Skelton Bruce Skelton

Congratulations and thanks!!!

A motion and an amendment regarding the position of Tutor Co-ordinator was discussed and a vote taken. The motion was not passed..

We were honoured to have Julie Porteous, President of U3A Redlands and also the President of U3A Network Qld in attendance. Julie gave a very interesting presentation about U3A Network here in Qld and also about the upcoming Conference to be held here at our Redcliffe Campus.

A 30th Anniversary cake was enjoyed by all those present, along with a very tasty morning tea.

A big thank you to those people who helped set up the MBR, prepared the morning tea and then at the end helped to prepare the room for classes the next week. Also to those who manned the sign-in table and the scrutineers a huge thank you.

Judith Murphy - Secretary

PRESIDENT'S REPORT

As is usual we started the year with our Annual Tutors Meeting held on Thursday 10th Jan and it was well attended. This is our opportuniaty for the management team to listen to the requirements of our tutors and to see what can be done to make being a tutor as easy as possible. Ruth led the discussion, and many questions were put and answered. In running a class, the tutor not only puts in time during your class, they normally must put in several hours in preparation work as well.

The term opened with a very busy period, possibly because for the first time we were able to offer 100 classes for the term; a record here at U3A Redcliffe. As a result, several classes proved so popular that many tutors had to put up "class full" signs.

The record reflects the hard work done by our Tutor Co-ordinator, Ruth Northcott, in seeking our tutors and assisting them in setting up their courses. She is ably assisted by our Secretary, Judith Murphy, who always has her ear to the ground seeking a possible tutor as they make enquiries at the office. Finally, we must thank the tutors for their efforts in putting together such interesting classes for you to attend and all the volunteers that keep the Campus running smoothly.

It was my privilege to lead our U3A Tour Group on a 15-day trip to Myanmar (Burma), this was the 7th tour we have done through U3A Redcliffe and was up there with the best of them. Myanmar is a fascinating country and the people were most welcoming. These tours allow our members to share experiences with people who they have met before the trips, instead of joining a group of strangers. It is sad to see the political situation in Myanmar and as usual it is the little people who get hurt not the military and political classes who are the cause of the problems.

Our Steering Committee for our hosting of the U3A Network State Conference on Thursday 31st May and Friday 1st June have been very busy. We had good co-operation from our MBRC Councillors and the Member for Petrie, Luke Howarth. The Conference Website went LIVE on Thursday 1st February thanks to the invaluable help of Greg Taylor from U3A Brisbane.

We have now lined up a good range of speakers and are very happy that William McInnes has agreed to be our Keynote Speaker on the Thursday. The Hon Yvette D'Ath, Attorney General and Minister for Justice and the Member for Redcliffe, whose Department has overarching governance of organisations like U3A will address the delegates on Friday afternoon.

Our Annual General Meeting, which sees the culmination of our financial year and the election of a new Committee for the next twelve months was held on the 24th March. The majority of our Management Committee was re-elected unopposed, Kathy Castleton and Ed Brighouse stepped down and their positions were taken by Cheryl Parker and Ellie Frawley. I am privileged to be working with such a good Committee, a mix of old hands including past President Carl Jones and the new members to bring in fresh ideas.

Again, thanks to all who attended and for providing an outstanding morning tea. Your Committee looks forward to serving you over the next twelve months.

Many I take this opportunity to wish you a relaxing time over the holidays and that you return refreshed to explore the range of classes we have on offer in Term 2, and a quick reminder that Term 2 will start on Monday 16th April.

Tony Nobbs - President

U3A CAMPUS HAPPENINGS & CLASS NEWS

U3A REDCLIFFE INC. MEMBERSHIP RENEWAL

Members are advised that if they didn't renew prior to the AGM on Saturday 24th March then they have lost their continuity of membership and will need to rejoin to be able to participate in classes at U3A Redcliffe.

There are several methods of payment available for Members to use when renewing their membership: (\$20 for full year)

- By coming into the U3A Campus and paying by cash or cheque.
- By cheque in the mail. Please quote your membership number (displayed on your membership badge).
 - Mailing address is PO Box 667, Redcliffe QLD 4020. Cheques payable to U3A Redcliffe Inc. please
- By Direct Bank Transfer (EFT)

We encourage members to take advantage of the Direct Bank Transfer (EFT) method available

Membership renewal payments can be paid directly from your online banking site to U3A Redcliffe If you wish to use this method of payment and to ensure the process operates well, please follow these procedures:

- 1. Access your online bank account
- 2. You will need to create a U3A Redcliffe Inc. payee account
- 3. U3A banking details are:

Account Name: U3A Redcliffe Inc.

Bank: CBA
BSB: 064 122
Account Number: 10436305

- 4. In the reference box, the following information is required:
 - ***SURNAME & FIRST NAME OR INITIAL**
 - *U3A MEMBER NUMBER: This is shown on your current financial badge
 - *This information will then show on our statement from the CBA Bank
- 5. Your Bank will provide you with a receipt number (please record and retain this)
- 6. When you come to Campus for the first time after processing your EFT you will need to call at the office to collect your NEW FINANCIAL MEMBERS BADGE and sign your MEMBERSHIP RENEWAL FORM.

NOTE: New Memberships can only be processed by applying in person at the U3A Redcliffe Campus Office.

U3A QUARTERLY NEWSLETTER:

AVAILABLE TO FINANCIAL MEMBERS BY SEVERAL METHODS

- 1. POSTING BY AUSTRALIA POST
- 2. EMAIL TO A NOMINATED EMAIL ADDRESS
- 3.VIEW IT ON OUR WEBSITE www.u3aredcliffe.org.au

Any member who wishes to change their delivery option can do so by advising the Secretary via the campus office.

At the January meeting the Management Committee voted in favour of only 1 copy of the quarterly newsletter be mailed to a single address unless a member requests an additional copy.

MEMBERSHIP & CLASS FEES:

- ➤ Membership fees are **\$20 per year**. Members joining in Term 3 will pay **\$15**, in Term 4 **\$10** for balance of year
- ➤ Reciprocal membership fee is **\$10** and offered to members of another U3A, but current receipt or badge must be provided at time of paying U3A Redcliffe fees.
- ➤ Eligibility for membership Age 50 years plus, in their third age (retired or semi-retired) See U3A Redcliffe Inc Constitution.
- ➤ After completion of membership application and payment of fees, the application is submitted to the Committee for their acceptanceat the first meeting after the form has been completed.
- Membership fees fall due in January and are renewable each year.
- > To retain continuity of membership the fees must be paid prior to AGM
- At time of joining each new member receives a copy of our Members Handbook

- Class fees for each class attended will be \$2.00.
- Off campus classes using private halls remain at \$3.00
- Computer classes are \$30.00, normally for 8 lessons

GENERAL HOUSEKEEPING:

- ➤ Breakable containers not allowed in classrooms Tea and coffee cups and breakable plates must not be taken into classrooms plastic bottles of water only are allowed.
- No food allowed in classrooms.
- Shoes must be worn when attending U3A campus. H&S requirement.
- ID badges must be worn at all times when on campus
- Class fees to be placed in plastic bowl prior to commencement of class
- Place your initial in the appropriate date column each time you attend a class
- If leaving a class early place a red line through your initials.

U3A REDCLIFFE INC. DISCLAIMER

"We draw our members' attention to the fact that our courses and activities are intended to supply general information only to class members about a particular subject and in no way constitute professional advice on which to rely. Tutors are unpaid volunteers and can only inform. They do not provide professional advice.

In the case of courses involving physical activity members should themselves ensure that they are physically able to participate. Sometimes a prior discussion with their medical advisor is desirable.

In the case of courses involving investments, general interest and well-being, class members should bear in mind that U3A Redcliffe is not liable if they act on what they think is advice from the Tutor.

U3A Redcliffe Inc. maintains Public Liability insurance but this does not mean that injuries or losses by members are automatically covered. For U3A Redcliffe Inc. to claim on its insurance, we must have a legal liability for the accident or incident."

In any case, we are anxious for all concerned that such accidents and Incidents are avoided."

J Murphy - Secretary

In Term 2 2018 we have more than 90 classes available. A few Tutors are taking a break, with several new classes being offered.

TERM 2 CLASSES 2018

(W) = Weekly (M) = Monthly (FA) = Fortnightly (FB) = Fortnightly,
 Campus Class Rooms: (AV) = Audio Visual, Music, Jazz etc.
 (CR) = Computer Room (R1) (R2) (R3) = other class rooms.
 MBR = Margaret Ball Room (East - Window Side, West - Stage Side)

THE CALENDAR ON PAGE 3 SHOWS (FA) & (FB) WEEKS

MONDAY CLASSES

CRYPTIC CROSSWORDS: Col Pazzi 3283 4753 Mon (W) (R1) 9.00 - 10.30 Cost \$2.00

Challenge yourself. Get into the minds of cryptic crossword compilers and solve their devious clues: unscramble anagrams, find synonyms and demystify red herrings. Gain satisfaction while keeping your brain active in a fun group collaboration. Some knowledge of cryptic crossword solving required.

FRENCH – CONVERSATION: Simone Tourneur 0422 255 691 Mon (W) (R2) 10.00 – 12.00 Cost \$2.00

Usual language and general culture. Commentary and Conversation. Students must show ability and desire to speak on a range of topics. Sound language skills a pre-requisite.

REMEMBER TO WEAR YOUR CURRENT 2018 FINANCIAL MEMBERS BADGE

SCIENCE & TECHNOLOGY: Trevor Fisher 0416 152 231 Mon (FA) (AV room) 9.15 - 10.45 Cost \$2.00

Where did we come from? How did the Universe begin? Why is the Universe the way it is? Where are we going? Our picture of the Universe today is full of strange sounding ideas and remarkable truths. (Stephen Hawking) by video, explore the past, present, future or in between, nature, medicine, how it works, who discovered it? The earth, the stars, includes the following series in random order – universe – visions of the future. Alternate energy – science history. **No need to book– just beam in!**

BEGINNERS COMPUTER: Ruth Northcott 0438 395 043 Mon (W) (CR) 9.00 - 10.30 Cost \$30.00

This course is for absolute beginners (using Windows 10 operating system.)

Learn how to create folders and how to find the programs you can access. Basic introduction to the internet (Internet Explorer and Microsoft Edge) and Google searches; introduction to email. Learn how to use your computer with assurance.

Understanding terminology will help your confidence when using computer programs.

CLASS FULL

INTERMEDIATE COMPUTER: Ruth Northcott 0438 395 043 Mon (W) (CR) 11.00 - 12.30 Cost \$30.00

This course is for people who are reasonably confident using their computers; and teaches you some housekeeping tools as well as more advanced hints and tips for using some programs and Windows 10 operating system.

Topics covered include: backing up your computer; using the control panel & task manager; installing Microsoft updates; restoring your computer settings & files. Internet Explorer & CLASS FULL

TRAVELLERS TALES: Susan Hearfield 0412 714 649, Graham Johnson 0419 994 200 or 3883 3635.

Mon (FB) (MBR East & West) 9.00 - 10.45 Cost \$2.00

Do you enjoy travel, the associated memories and sharing these? Or, do you just like to hear travel stories?

Travellers Tales is not a tutored class – rather, Susan and Graham coordinate/organise a programme that includes presentations about places members have visited – both near and far; presentations/discussion on just about any travel related matter; a forum for sharing members' experiences and asking questions; maybe occasional DVDs

CRAFT WORKSHOP: Marie Cosgrove 3142 4158,

Co-Tutor Jean Pedwell 0490 465 827 Mon (W) (R3) 9.30 - 12.00 Cost \$2.00

Whether your interests are: card making, knitting, crochet, embroidery, scrap booking, beading – come along and join us. Assistance, no formal tutoring. A friendly group of like minded crafters.

ANTHROPOLOGY: Jane Standerwick 0490 189 860, Mon (W) (AV) 11.00 - 12.30pm Cost \$2.00

A range of cultures and traditions(past and present) from around the world will be explored. Some theoretical terms and concepts will be introduced where appropriate.

The class will be structured as a talk/film followed by a discussion.

GERMAN: Rosemarie Swanson 3880 2297 or 0439 503 997 Mon (W) (R1) Cost \$2.00 each class

(1) GERMAN INTERMEDIATE (10.30 - 11.45)

For students who did the Beginners Class or are able to speak some German.

(2) GERMAN BEGINNERS (11.45 - 1.00)

For students who are absolute beginners.

U3A PERFORMANCE GROUPS & SOLOISTS: Jayne Mone 3880 0104 Mon (FA) (MBR West) 1.00 – 3.00 Cost \$2.00

Calling those who are moved to sing, dance, play instruments, recite poetry, enact skits, share your sense of humour, juggle or turn somersaults. Amateurs or professionals and appreciative audiences welcome.

Please come along and join our first organisational meeting which will establish performance

Parameters, time links, content and practice hints to ensure enjoyable and possibly interactive performances.

Basic skills to effectively amuse and inspire people, find relevant resources and use of networking skills to improve performances. Support and enouragement provided to participants if required. The rest is up to you:

NEW CLASS

HISTORY - SEAFARING & CIVILIZATION: Rod Heath 3293 1353 Mon (W) (MBR East) 1.00 - 2.45pm Cost \$2.00

Exploration and discoveries on the Australian Coast 1500's to 1850's. The impact of European mariners on culture, language and national identity; trade, exploration, colonialism, piracy and science from Ancient Times to the Present

SCRABBLE & OTHER BOARD GAMES: Hazel Jones 3283 2552 Mon (W) (R2) 1.00 - 3.00 Cost \$2.00

Play social Scrabble & Upwords. This is a fun class, not fiercely competitive! Beginners are also welcome. Chess players are welcome, preferably with a partner also Backgammon but a partner is needed.

HISTORY OF RAILWAYS: Ken Passmore 3885 3558 Mon (W) (AV) 1.00-2.30pm Cost \$2.00

Where was Herbert Garrett working when he patented his design? Herbert was working for the NSW government. **Come to the History of Railways to find out.**

INTRODUCTORY FRENCH: Julie Street

Mon (W) (R2) 8.45 – 9.45am Cost \$2.00 (photocopying 10c per A4 page)

Introductory class for those who are new to French or wish to tackle it again after many years. The class will include basic grammar and vocabulary as well as useful phrases for travellers. No text book required for this term.

Please bring a French dictionary with added grammar, exercise book and pens.

CLASS FULL AND CLOSED FOR 2018.

WRITE YOUR LIFE STORY: Steve Wilson 0417 427 285 <u>willowavenue@gmail.com</u> Mon (R1) 1.15 – 3.15 Cost \$2.00

Would you like to write your own life story? Many of us think that life stories are only written by people who are famous or very important. But each of our lives, our experiences, and the way we feel about them, are unique, valuable, and are of profound interest to our families and those with an interest in our social history.

Life stories (often called autobiographies or memoires) can be as long or short as you like, and are a narrative developed over time. Once begun, they can become very interesting and rewarding projects for their creators, and a lasting treasure for their families.

Activities may include: helping to develop a 'structure' for our story: writing our stories, and receiving feedback on our writing, discussing our stories, or the events and experiences which may go into them; reading parts of our stories to others, and discussing other autobiographies we have read and like. The aim of this class is, over time, to help you to complete a life story that you will be proud of and treasure.

GETTING STARTED WITH MS WORD: Carol Grimley 3269 5352 Mon (W) (CR) 1.30 – 3.00 Cost \$30.00

Getting Started with Microsoft Word 2010. Surprise yourself by producing professional looking documents. Have fun and be creative with Word Art, Clipart & Photos. Create your own Address

Book, make your own business cards, and find lots more to interest you, such as:

Setting up folders. Toolbars & uses Composing, saving & editing documents

Formatting text Headers & footers Searching for data

Borders Justifying text Bulleted and numbered lists
Automatic page numbering Labels Working with columns and tables
Inserting ClipArt & photos Organising your desktop Address Book . . . and more!

LAUGHING YOGA: Lisa Bird – Phone 0450 451 818

Mon (W) (MBR East) 11.00 - 11.45 Cost \$2.00

A complete well-being workout for mind, body and soul. Simple and profound – everyone can do it! No complex Yoga postures. Suitable for all ages and abilities. Benefits of Laughter Yoga:

- Changes your mood instantly
- Gives you a dose of serotonin, dopamine & endorphins
- Alleviates depression and anxiety
- Increases oxygen to your body and brain
- Connects people

NOTE CHANGE OF ROOM AND TIME

HISTORY FOR LIVING: Darryl Claffey NOT ON IN TERM 2.

SHAKESPEARE REVISITED: Dan Stalker 0437 348 112 Mon (W) (AV) 3.30 – 5.00 Cost \$2.00

Did you love/hate Shakespeare at school? Now you have a second chance to discover why he is considered a literary giant.

Though written 400 years ago, his works are still relevant today – covering such topics as politics, murder, greed, lust, and envy etc etc.

Come see some of the finest British actors bring his works to life. You need no prior knowledge of Shakespeare.

TUESDAY CLASSES

FAMILY HISTORY - BEGINNERS: Rick Aindow NOT ON IN TERM 2

EMBROIDERY & NEEDLEWORK: Lorrie McNamara 3883 1227.

Asst Tutor LorraineTurner 3284 8308

Tues (W) (MBR West) 9:00 - 12:00 Cost \$2.00

We enjoy all facets of embroidery – covered in our various and interesting workshops. Beginners are welcome.

ITALIAN BEGINNERS, INTERMEDIATE & ADVANCED: Nancy Roast 3284 3606

Tues (W) Cost \$2.00 each class

(R1) 9.00 – 10.20 Intermediate

(R3) 10.40 - 12.00 Advanced

(R2) 12.45 - 2.15 Beginners

INTERMEDIATE:

Students need to have completed one year of the Italian Beginners class. .

ADVANCED

You need to know the basic grammar and to enjoy the experience of speaking this beautiful language

BEGINNERS

Learn the basics of the language, with grammar and conversation. Using book "Easy Italian Step-by-Step" McGraw Hill Nanni-Tate.

U3A BOOK CLUB: Margaret Gauld 0404 029 016 2nd Tues of month (R2) 9.30 – 10.30 Cost \$2.00

Our Reading for Pleasure group has proven to be so popular that we now have a second Book Club. This too is a discussion group for people who love to read and share their experience with others.

Each meeting provides the opportunity to discuss a set book and also to talk about personal monthly reading. **Numbers limited to 10. CLASS FULL**

OIL/ACRYLIC PAINTING: Wendy Cosgrove 3283 2564 Tues (W) (MBR East) 10.00 - 12.00 Cost \$2.00

This is a very relaxed and friendly class for anyone wishing to paint in company. It is untutored and anyone skilled is welcome to contribute their skills. The room is air-conditioned with plenty of natural light. The students are helpful.

WHAT ON EARTH??? Discussion Group 1:

Ken Passmore 3885 3558 Tues (W) (AV) 9.00 - 11.45 Cost \$2.00

Each week the class facilitator will select topics submitted by members about one or more current issue from contemporary reputable sources for discussion. The topics are wide ranging, but always of current importance.

It is envisaged that the group will participate in an intelligent, in-depth discussion with no limit placed on where the discussion leads.

This class offers an opportunity for intelligent, balanced debate which might be difficult to find elsewhere, providing real mind stimulation. Participants are encouraged to put the case for opinions which differ from those of the majority or popular view – without fear of animosity or attack.

READING FOR PLEASURE Sammy Hunt 3883 3337

4TH Tues monthly (R2) 10.30 - 11.30 Cost \$2.00

This is a discussion group for people who love to read. A set book is read and discussed by the group, followed by individuals talking about their own monthly reading.

Other subjects touched upon include travel, movies and cultural events that members have experienced during the month.

LIVING NATURALLY WITH HERBS: Peter Kolb 0410 543 572

Tues (W) (R1) 10.30 - 12.00 Cost \$2.00

Living naturally with herbs comes from a naturopathic perspective and will cover the herbs from propagation, constituents, vitamins, minerals and actions. Further, we will look at their medicinal and culinary uses.

WATERCOLOUR PAINTING, ACRYLICS & DRAWING W'SHOP:

Heather Grebert 0434 929 015 & Gayl Pollard 3880 3082

Tues (W) (MBR - East) Cost \$2.00 each class

(1) 12.15 - 2.00

(2) 2.00 - 3.45

Workshop Painting - Beginners & Advanced Welcome (2 Classes)

No tuition as such; assistance given as needed. We are a very supportive group willing to share our knowledge. Do your own thing. Some materials available for borrowing.

SINGING WITH GUSTO: Kathy Castleton 3203 4630, Asst Tutor: Lynne Padget Tues (W) (AV) 12.15 – 1.45 Cost \$2.00

Folk, country, musicals, rock, soul, jazz, contemporary, songs. This class is for enthusiastic people who love to belt out well known songs to a regular rhythm. Be brave, be confident and enjoy yourself!

READING JANE AUSTEN: Margaret Cleland 0416 166 698 or 3880 2333 Tues (W) (R3) 12.30 - 2.30 Cost \$2.00

This course is for people who are interested in reading and discussing the works of Jane Austen. It is not viewing and discussing film makers' interpretations of her work.

The tutor will choose a book and introduce it, then you would have read a certain number of chapters by the following week, when we would analyse and discuss the development of the novel to that stage.

The overall aim is to develop an appreciation of Jane Austen's techniques in building up such believable worlds that people are still reading about them 200 years after her death.

THE WELLNESS GROUP Irene Weldon 3284 1134 & Peter King 3283 8613 Tues (W) (R1) 12.30 – 2.00pm Cost \$2.00

The Wellness Group is primarily a discussion group for the promotion of inner peace and general wellbeing.

One important focus of our group is on the use of deep relaxation and meditation for the relief of stress, which results from our everyday emotional tensions and anxieties.

OPTIMIZING BRAIN FITNESS: Eve Craddock 0417 446 034 Tues (W) (MBR West) 12.30 - 2.30 Cost \$2.00

You can increase the power of your brain through your own effort. The brain's ability to change in response to experience – called Plasticity is the key to understanding the brain's development.

The good news is that no matter how old you are, you can still take an active part in influencing the brain In order to improve your brain, it is necessary to understand how it works. In this course you will learn how the brain is organised, how it develops

NEW TIME

JAPANESE ADVANCED Masue Shipton 3284 5682 Tues (W) Committee Room 1.00 – 2.00pm Cost \$2.00

Conversational Japanese. We study the textbook 'Japanese for Busy People 3'

INTRODUCTION TO DESKTOP PUBLISHING: Jennie Booth NOT ON IN TERM 2

JAZZ FAVOURITES: Peter Green 0413 398 615 & Allan Wilson 5498 6171 Tues (W) (AV Room) 2:00 - 3:30 Cost \$2.00

Would you like to listen to sound & video recordings of great jazz and swing music from the early twentieth century to the present day? Your tutor Peter has over sixty years' experience

performing this type of music and he is assisted by Allan, who has been a regular member of the Jazz Favourites class since its inception. They present from their collections of Australian and International artists.

If you have favourite recordings that you would like to share, you can present these yourself or have the tutors locate and play them. We also talk about coming programs, events and occasional outings to hear live performances. **Come along and enjoy the experience with us**

WHAT ON EARTH ??? Discussion Group 2: Ken Passmore 3885 3558 Tues (W) (R1) 2.15 – 3.45pm Cost \$2.00

Each week the class facilitator will select topics submitted by members about one or more current issue from contemporary reputable sources for discussion. The topics are wide ranging, but always of current importance.

It is envisaged that the group will participate in an intelligent, in-depth discussion with no limit placed on where the discussion leads.

This class offers an opportunity for intelligent, balanced debate which might be difficult to find elsewhere, providing real mind stimulation. Participants are encouraged to put the case of opinions which differ from those of the majority or popular view – without fear of animosity or attack.

UNDERSTANDING CLIMATE CHANGE: Max Barton NOT ON IN TERM 2

GUITAR BEGINNERS: Neil Linfoot 3283 2082 Tues (W) (AV) 3.45 – 5.45 Cost \$2.00

This subject is for people who have never played before, or have not played very much in recent years.

WEDNESDAY CLASSES

KEEP TRIM: Judith Parker 3283 7198 or 0413 963 043

Wed (W) 8.00 - 9.00 Cost \$2.00

Tone up and chat. We enjoy our gentle exercise in a pleasant social way. Plenty of equipment to trim and shape.

Based on 40 years of experience starting with Qld National Fitness in 1974!

Venue: 4/5 Ellen Street, Woody Point. (Near the open seafront)

SPANISH: Frank Lloyd 3359 2242 or 0424 000 901

Wed (W) (R1) Cost \$2.00 each class

(1) 9.00 - 10.30 Intermediate

(2) 11.00 - 12.30 Beginners

(1) SPANISH INTERMEDIATE:

Spanish for students who have satisfactorily completed Spanish Beginners.

Emphasis: Speaking based on Q & Answer technique.

(2) SPANISH BEGINNERS:

Spanish for students who have little or no experience. **Emphasis on speaking and writing**. **Text book for this course is 'Easy Spanish Reader'**. *which is available for purchase from the Tutor.*

These are tutored classes where students work in a pleasant environment and exchange their knowledge and help each other

MEMBERS ARE ENCOURAGED TO CONTACT TUTORS TO DISCUSS CLASS CONTENT AND VACANCIES

FRENCH - BEGINNERS 1 & 2: Julie Street 3263 8525

Wed (W) (MBR East) Cost \$2.00 each class Plus photocopying 10 cents per A4 page

(1) 9.00 - 10.15 Beginners

(2) 10.30- 12.00 Beginners Advanced

Please bring a French dictionary with added grammar, exercise book and pens.

(1) BEGINNERS

Continuing class for those with minimal previous learning of French. We will continue to cover entry-level grammar, basic vocabulary and simple translation..

Text required: "Hugo French in 3 months" (DK Publishers) IBSN 9781405 301 008,

(2) BEGINNERS ADVANCED

Continuing class for those with basic knowledge of French.

We will continue to explore French Grammar, practise sentence writing and translation of simple passages.

Text required: "Hugo French in 3 Months" (DK publishers) ISBN:9781405 301 008.

THESE CLASSES ARE FULL AND NOW CLOSED FOR 2018

HUMAN PROGRESS THROUGHOUT THE AGES: Brian Cooper 3889 5217 Wed (W) (AV) 9.00-11.00 Cost \$2.00

Do you want to know about how we have developed over the centuries, where we are now and where we may be in the future? We look at the GOOD, the BAD and the UGLY of the World.

The topics we cover are varied and above all interesting. GOVERNMENT, ECONOMICS, SCIENCE, ETHICS, SOCIOLOGY, WAR AND PEACE, PHILOSOPHY and many more. We have no limit.

We cover the period from 4000 BC to the end of the 21st Century using alternating tutorials and discussions.

You will be very welcome to participate by either just listening, or if you wish, to voice your opinion and be part of the class discussion on subjects that **have changed**, **are changing or may change the world**.

ANDROID SMART PHONES & TABLETS: Bill Colen 0412 395 770 Wed (W) (R2) 9.00 - 10.30 Cost \$2.00

An introductory course:

How can something called a smart phone or tablet make you feel so dumb? In this course you'll have a friendly, jargon-free opportunity to help you understand almost everything your Android device can do, from texting and email to shooting video, downloading apps, networking via Wi-Fi, and more. Oh – and on phones, you can even make phone calls!

- ✓ Meet your Android Device master basic setup, lock and unlock the screen, use the touchscreen, work with apps, and get onscreen keyboard typing tips.
- ✓ Keep up with your friends manage your address book, make and receive calls, choose a texting app, and configure email.
- ✓ Go places use Maps to navigate roads and locate restaurants and businesses near you.
- ✓ Let's hang out talk or video chat with friends on a Goodle Hangout, make Skype calls, tweet

And much, much more ...

POWERPOINT Advanced: Carl Jones 3203 7867 Wed (W) (CR) 9.00 - 10.30 Cost \$30.00

I will not be offering Powerpoint Intermediate in Term 2. I can be available for Powerpoint Advanced if required – BUT minimum of six students is required.

ANTIQUES & COLLECTIBLES: Kevin Brockhurst 0438 388 611 Wed (FA) (MBR West) 10.00 – 11.30 Cost \$2.00

This is a discussion group about how to identify and recognize antiques and have a bit of fun in the process.

ORIENTAL HAND THERAPY: Elena Nabokova 0448 982 387 Wed (W) (R3) 10.00 – 12.14 Cost \$2.00, plus \$3 each lesson for resources.

Learn the curative benefits of self hand massage using basic knowledge of oriental medicine. Students will learn two types (short and full) of self hand massage. They will do practical exercises using acupressure's potent points.

- Level 1: For Beginners 10.00 11.00 on 2nd, 9th, 16th and 23rd May
- Level 2 For students wishing to continue with the course 10.00 11.00am on 30th May, 6th, 13th and 20th June
- Level 2. Continuing class for current students 11.15 12.15am on 2nd, 9th, 16th and 23rd May
- Level 3 For students wishing to complete a full course. 11.15 12.15 on 30th May, 6th, 13th and 20th June

This is a four week course for each level and limited to 10 students in each.

Note: Payment for class resources is \$3 per lesson. Resources include production of teaching materials (handouts) colour printing, oil etc. Based on copyright law, all materials are to be used during each lesson only.

Upon completion of each term students will be given summaries of the materials to keep for their individual usage.

ARCHAEOLOGY: Cities of the Ancient World (New Series) Tony Nobbs,

email: nobbs.tony@gmail.com Wed (AV) 11:00-12:45 Cost \$2.00

This course tackles a number of large questions about cities: why they were founded in the first place; what they meant to their inhabitants; how their form reflected the social, political and religious structures of their societies; and what aspects led to the success or failure of particular cities.

We will start with the very origins of cities in the Neolithic, when human culture underwent a startling series of revolutionary changes. We will then end with the last city foundation of antiquity, Constantinople.

We will use a series of visually rich Video lectures by renowned archaeologist Professor Steven Tuck who is professor of Classics at Miami University and will guide us through this fascinating field of study. This series will be conducted over two Terms.

GUIDED MEDITATION Lanie Keuker 3880 0447 Wed (W) (R1) 1.30 – 3.00 Cost \$2.00

This guided meditation course deals specifically with healing. The course teaches visualisation and energy healing similar to Qi Gong and Yoga philosophies.

FACEBOOK & SOCIAL MEDIA Antje Kiewitt Contact through U3A Office please Wed (W) (CR) 1.00 – 2.30 Cost \$30.00

Want to know the intricacies of using Facebook, and how to communicate using Twitter and Instagram. Antje will teach you.

Ideally, you have some basic internet skills. You should be willing to set up a Facebook. Twitter and Instagram account for exercise purposes.

Bookings for this class need to be made through the office. This is an 8 week course.

First lesson 2nd May 2018

PATCHWORK AND QUILTING: Tutors: Velma Bennett 3264 8485

Joan Campbell and Terry Keam

Wed (FB) (MBR East & West) 12.30 - 3.30 Cost \$2.00

We teach patchwork, quilting, making bags, wall hangings, runners, cushions, quilts, or help to finish your own project.

THERE ARE VACANCIES IN THIS CLASS.

CREATIVE SEWING: Kay McLennan 3284 2593, Pat Humphreys 3284 0435, Judith Parker 3283 2425

Wed (FA) (MBR West) 12.30 - 3.00 Cost \$2.00

Come and join our friendly group, whatever your level of sewing, beginner or expert. Guidance given on learning how to use a sewing machine.

We make crafty items – dolls, toys, Christmas gifts, bags as well as children's wear and adults clothing and whatever you want to make. Make new friends – come and enjoy yourselves.

WEDNESDAY ART WORKSHOP Gill MacArthur 3283 3817 Wed (W) R3) 12.30 – 3.45 Cost \$2.00

This is a workshop for like-minded people with an interest in art. They each work on their own choice of subject and medium sharing ideas, encouragement and support.

No tuition is offered.

CLASS FULL AT PRESENT

MAH JONG BEGINNERS: Cynthia Pugh 3203 8055, Pat Watson 3880 4282

Wed (W) (R2) Two classes

11.00 - 1.00pm

1.00 - 3.00 Cost \$2.00 each class

Learn to play a fascinating Chinese game. We will teach you the Max Robertson set of rules, outlining the most correct and popular method of play.

NO VACANCIES

TATTING (LACE MAKING): Elaine Handley 5498 5717 Wed (W) (Committee Room) 11.00 – 1.30 Cost \$2.00

Students to provide their own No 20 crochet cotton and shuttle.

HISTORY OF CLASSICAL ART OF GREECE & ROME 1500BC-1500AD:

Geraldine Hudson 3880 1386

Wed (W) (AV) 1.00 - 2.30 Cost \$2.00

We are still in the mysterious Empire of Byzantium with the power and the glory and the beginning of the Christian culture in the Eastern Roman Empire and its glorious mosaics, as part of the beautiful Greek Orthodox churches. This term we are moving closer to medieval times from 500a.d. 700a.d included mosaics from the Greek culture of Byzantium..

HISTORY OF AVIATION: Christopher Faulker 3883 1184

Wed (FA) (AV) 3.00 - 4.30 Cost: \$2.00

Video and DVD presentations featuring every aspect of aviation from early Balloon & Glider flights, the invention of the internal combustion engine which paved the way for heavier than air flight, the role of aviation in military conflicts, the jet engine, the growth of commercial and military aviation to the present day, ramjets and rockets, space travel and the future of aviation. We cover design, development, personalities, aviation records, air legislation, air traffic control, airports, navigation, altimetry, meterology and accident investigation.

THURSDAY CLASSES

MS WORD BEGINNERS: Carol Lusk MS EXCEL Spreadsheeting: Carol Lusk

THESE TWO CLASSES NOT ON IN TERM 2.

MUSIC FOR PLEASURE: Barry Montague CLASS NOT ON IN TERM 2

AN INTRO TO PHILOSOPHY: Bob Wilson 0418 249 907 (please only use this phone number to contact the Tutor, landline is no longer current)
Thurs (W) (AV Room) 9.00 - 11.00 Cost \$2.00

This course is a mixture of formal learning and interactive class discussions.

- > The philosophers from Plato to Singer.
- ➤ The theories from Metaphysics and Epistemology to Aesthetics and Logic.
- > The discussions philosophical views of the great issues of society, past and present. Ethics and
- morals, beliefs and faith, politics and pragmatism.

Participation and discussions are welcome and valued. Classes may be led by any members of the class, from time to time.

I DON'T MIND IF YOU COLOUR IN: Gill MacArthur 3283 3817 or 0414 944 967 Thurs (FA) (R3) 9.30 to 11.30 am Cost \$2.00 (plus photocopying)

Colouring in is a form of active meditation, focussing attention on simple repetitive tasks that can help to relieve stress, replace negative thoughts and create a peace of mind. If this sounds appealing, join us for some Mindful Colouring In.

Colouring pictures and pencils will be provided, or you may wish bring your own to work on. You may even be inspired to try drawing your own mandala to colour in. No tutoring is provided but a relaxed environment is practically guaranteed.

WRITING FOR PLEASURE: Margaret Hede 0418 182 138

Thurs (FB) (R3) 9.00 - 11.00 Cost \$2.00

Each fortnight we write to a set topic for stimulation and for our own enjoyment. We share our work with the class in an accepting and non-critical way.

CHI-GONG: Lanie Keuker 3880 0447

Thurs (W) (MBR East & West) 10.00 - 11.30 Cost \$2.00

Gentle exercise, stimulating energy.

THIS CLASS IS FULL

GERMAN (ADVANCED): Rosemarie Swanson 3880 2297 or 0439 503 997 Thurs (W) (R1) 10.30 – 12.00 Cost \$2.00

For students with advanced comprehension of the German language.

BEGINNERS BOOK BINDING: Stephanie Mann 0410 254 667 Thurs (W) (R2) 11.00 – 12.45 Cost \$2.00

Students will discover how simple and inexpensive it is to make a book. The student will be assisted in making a range of books from folded and glued booklets to a complete hard cover book. Phone or text tutor for details. **Maximum 6 students**.

UKULELE FUN AND STRUM: Julie Byrne 3885 4419, Asst Tutor: Val Marchant Thurs (W) (AV) 11.15 - 1.00 Cost \$2.00

This class is for ukulele players who like to have fun strumming and singing with a group of like-minded friends. Not suitable for beginners. Must know some basic chords and be able to tune their ukulele.

Laughing is mandatory – a good singing voice entirely optional!!! Please join us for a great time.

Note: We are culling and rewriting our music collection. We currently have two books but are culling songs to come up with one core set of songs for 2018.

U3A GARDEN GROUP: Lorraine Turner 3284 8308 & Kay McLennan 3284 2593 Thurs (FB) Room 2 9.00 – 10.45am Cost \$2.00

Our Garden Group will be a way to share your love of all things gardening with others. Activities include visiting gardens both local and further afield and talks from interesting Garden personalities. It will be a social group and you don't necessarily have to have a garden to participate. First meeting at U3A where future visits will be organized.

BEADING: Patricia Spies 0408 474 344 Thurs (FA) (R3) 1.30 – 3.30 Cost \$2.00

Come and enjoy a small, creative and friendly group. Make your own jewellery for yourself or as well as gifts for family and friends. It is fun to get hooked on beading. Come and enjoy a small, creative and friendly group. **Maximum 6 students CLASS FULL**

OIL & ACRYLIC PAINTING: John Bowman 0402 454 755 Thurs (W) (R1) 1.00 – 2.30 Cost \$2.00

This class is aimed at beginners who wish to paint in oil or acrylic. Class will be shown the various paints, mediums and tools used. Also the techniques used to give effects. Class will complete a landscape, a seascape and a still life painting.

QUILLING: Annette Wann 3284 6814 Thurs (W) (R2) 1.15 – 3.30 Cost \$2.00

Making cards with twirling strips of paper. Kit available for \$6 from Tutor.

Class limited to 6-8 students.

CLASS FULL AT PRESENT

DRAWING & PAINTING CLASS: Gayl Pollard 3880 3082 Thurs (W) (MBR - East) 1.30 - 3.30 Cost \$2.00

Enjoy sketching one week and watercolour the next. The class follows a structured course into which students have major input. The 1st half hour of each class involves watching a DVD

To attend classes and enjoy the many benefits of being a member of U3A Redcliffe YOU must be a current financial member. If you did not renew your membership prior to the Annual General Meeting in March, you are now classified as a "non current member" and will need to apply and complete an application form for membership for 2018.

MUSIC THEORY Liz Greig 0413 627 204 Thurs (W) (R1) 9:00 – 10:00 Cost \$2.00

If you play a musical instrument in an existing U3A class, would you like to learn about music theory? This music theory course will cover the basics of Note Values, Time Signatures, Key Signatures and Chord structure.

Your learning will be consolidated with easy music reading incorporating all that you learn during this course.

NEW CLASS

HISTORY OF CONTEMPORARY MUSIC: Ken Passmore 3885 3558 Thurs (W) (AV) 2.00 – 3.30 Cost \$2.00

This term will be a mix of requested artists and some new material.

TAI CHI: Tan Nguyen (tantheman88@hotmail.com) Thurs (W) (MBR West) 2.30 – 3.45 Cost \$2.00

Tai Chi is a Chinese martial art; it has been practiced for both its defense training and its health benefits especially for older people in slow meditation movements.

We focus mainly on Beijing 24 forms – these simplified forms are truncated from the traditional Yan family forms to 24 posture and the forms are very suitable for the older people to practice for their health benefits overall! These 24 forms are the most popular in China and the world over nowadays.

CLASS FULL

GUITAR - INTERMEDIATE: Neil Linfoot 3283 2082 Thurs (W) (AV) 3.45 - 5.45pm Cost \$2.00

This subject is for people who have completed Guitar for Beginners or who can show they know the material taught in that course.

FRIDAY CLASSES

BIRD WATCHING Liz Heart –Facilitator 0459 471 100 email lizinbris@gmail.com Frid (4th Friday of Month) 6.45 – 10.30am Cost \$2.00

We meet at the carpark opposite the Redcliffe Police Station at **6.45am** to sign in and carpool to leave for our chosen venue at **7.00am**. Bring your morning tea, binoculars, water, sunscreen and insect spray.

For information and to let us know you are coming contact Liz.

Dates for this term: Friday 27th April, Friday 25th May and 22nd June.

FRENCH - INTERMEDIATE/ADVANCED: Deirdre Trocas 0437 970 194 Frid (W) (R1) 9.00 - 12.00 (a 3 hour session) Cost \$2.00

Grammar, Dictation, Conversation on current events. Sound language skills a prerequisite.

SINGING FOR PLEASURE: Robyn Mead 3880 0223 or 0409 993 461 Frid (W) (MBR W) 9.15 – 11.00 Cost \$2.00

Group meets weekly, in a pleasant atmosphere, to learn part singing. All abilities catered for. Must be able to sing in tune. We perform at local venues, including nursing homes.

Additional charge of \$10 per term, per student towards the cost of music. CLASS FULL

PRACTICAL GUITAR: Darryl Claffey CLASS NOT ON IN TERM 2

PRACTICAL GUITAR - ADDING-ON: Facilitators: Janice Everington & Graeme

Bullass for this term whilst Darryl Claffey is away.

Fri (W) (MBR East) 11.00 – 12.30 Cost: \$2.00

For those who have mastered the C-Am-F-G7 progression, a couple of related Chords, and a couple of strumming techniques, this is your next step.

This course is very "hands on" and intended to add 12-Bar-Blues to your repertoire and some new songs for you Back Catalogue.

SUDOKU FOR BEGINNERS: Trish Yann 3883 1670 Frid (W) (Committee Room) 9.00 – 10.30 Cost \$2.00

If you can count to 9 then you can do Sudoku. It does not require math skill, only patterns. I was introduced to it at a Griffith University Program for training the "aged" brain, improving or maintaining brain plasticity. **Students need to bring pencil and rubber**

LATIN – INTRODUCTORY: John Hodgkinson 3283 6551 Frid (W) (R3) 9.00 – 10.30 Cost \$2.00

Introduction to Classical Latin, history of the Roman Empire and the influence of Latin on our English language.

LATIN – INTERMEDIATE: John Hodgkinson 3283 6551 Frid (W) (R3) 10.30 – 12.00 Cost \$2.00

Classical Latin. History of the Roman Empire. Influence of Latin on the English Language.

MAH JONG ADVANCED Cynthia Pugh 3203 8055 Frid (W) (R2) 9.15 - 11.45 Cost \$2.00

A fascinating ancient Chinese game. U3A MahJong School plays by the Max Robertson set of rules outlining the most correct and popular method of play.

Male players are very welcome to join this happy social group. Beginners welcome.

CLASS FULL

PHOTO EDITING: Gordon Heath

Frid (W) (CR) 9:00 am - 10:30 am Cost \$30.00

The GIMP Photo Editing Program provides high quality photo manipulation. It contains tools and extensions capable of providing detailed photo retouching and restoring through to creating original compositions limited only by your imagination.

The software is open source and free for download from the internet but has been compared favorably to Photoshop in power and results.

This course will examine the basic GIMP toolbox and one or two more complex tutorials with the aim of demonstrating a variety of ways in which photos can be manipulated and enhanced.

Students are encouraged to bring photos that they would like to alter and enhance using GIMP tools.

Students should have a good working knowledge of Windows 7 or 10

THE HISTORY OF SCOTLAND: Sam O'Neill 0410 021 030 Frid (W) (AV) 10.00 – 11.30 Cost \$2.00

In ten thought provoking episodes Neil Oliver, Scottish Historian, brings a fresh perspective to Scotland's past and challenges many of the perceived notions of Scottish history.

This class is part of "The Open University" History Degree Course. With stunning cinematography Oliver takes us from pre Christian Pictland to the present day.

NEW CLASS

UKULELE NEXT STEP: Nev Cole 5428 7086 FIRST CLASS FRIDAY 27TH APRIL Fri (W) (R2) 12.30 – 2.00 Cost \$2.00 each class

Introduce strum patterns, fingerpicking, reading tabs, chord shapes, barr chords, 2nd and 3rd positions.

UKULELE FOR BEGINNERS: Nev Cole FIRST CLASS FRIDAY 27TH APRIL Fri (W) (R2) 2.15 − 3.30 Cost \$2.00

Ukulele for beginners to get started playing – learn basic chords; and easy strum as well as sing-along.

BOTH CLASSES ARE FULL & WAITING LIST IS FULL

STRING INSTRUMENTS: Enid Cole 0420 335 812 Frid (W) (AV) 1.00 – 3.00 Cost \$2.00

Strings music group for people with basic skills who enjoy playing with others. Students will need to bring their own instruments.

INDOOR BOWLS: Bert Ealing 3284 6978, Asst Tutor: Cheryl Parker Frid W) (MBR East and West) 1.30 – 3.45 Cost \$2.00

Come along and join in the fun as we learn to master the rules of this popular game. Bert will teach members the finer points of the game CLASS FULL

PASTELS Marion Worley 3465 7539 Frid (W) (R1) 1:00 – 2.30 Cost \$2.00

Learn to enjoy using pastels, a very 'hands on' medium. All you need for your first class is some pastel paper and basic colours of pastels ie., red, blue, yellow, white & black **Beginners welcome.**

CROCHET (Beginners) Carol Johnston 0431 298 356 Frid (W) (R3) 1.30 – 3.30 Cost \$2.00

Bring No. 4 crochet hook. First ½ hour teaching stitches and techniques then the remaining itme spent helping students with own projects. PLEASE DO NOT BRING FINE CROCHET PATTERNS.

(Due to the tutor's allergies to some substances in certain perfumes we ask you kindly to use perfumes sparingly. Thank you for your understanding.

Gentle reminder to our members:

- Please mark your name off on the Class Register when attending a class.
- Place the class fees in the bowl no foreign coins please.
- Wear your current name badge when attending U3A Campus.

BUS TRIPS



Keep watching for news of our next bus trip.

Our thanks to Jenell, who organised the trip to Stanthorpe Apple & Grape Festival, it was a thoroughtly enjoyable day. The Garden Expo at Nambour will be on in July and Jenell is looking at putting a bus trip together.

Details of planned future bus trips will be posted on the large whiteboard in the corridor down near the kitchen.

The procedure is: expressions of interest are called for then if there is enough interest the trip is confirmed and we ask members to come and pay for their seat on the bus. This is working well.



We are approaching Term 2 and it is time for a reminder regarding your Library.

Firstly, a huge thank you to all those who have donated both to the library proper and to the fiction shelves in the corridor, your fellow members have thoroughly enjoyed your generosity.

To those who have tried the library for the first time, hope you found it useful and interesting. To those who haven't been inside it, give it a go in 2018 I'm sure you will find something interesting.

If you wish to borrow a book from the Library please take your selection to the office, where it will be processed and you can borrow it for one month. When you have finished reading it return it to the office and it will be marked off. Those books in the corridor can be taken without being checked off from the office. Read them and then bring them back to the shelves so that others may enjoy them

Just remains to thank the office staff who process the books in and out for me, and a huge thank you to Pat Tabb for her help in the library this year.

To all the members, readers or non-readers, may I extend the heartiest of good wishes for Easter and term 2.

Julia Lewis, Librarian

Photos from the Annual General Meeting 2018



Cutting the cake with Julie Porteous



Jackie Russell & Tony Nobbs (20 year badge for Jackie)



ARE ICE

Tony Nobbs with Kathy Castleton & Ed Brighouse

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KNOWLEDGE & WELLBEING		Graphics Course (Photo editing)	23
Anthropology	11	Intro Desktop Publishing	
Antiques & Collectibles	18	Intermediate Computers	11
Chi-Gong	20	MS Excel - Spreadsheeting	
Guided Meditation	18	MS Word Beginners	
Indoor Bowls	24	MS Word Getting started	12
Keep Trim	16	Powerpoint Advanced	17
Laughing Yoga	13	SPECIAL INTEREST	
Living Naturally with Herbs	14	Bird Watching	22
Optimising Brain Fitness	15	Oriental Hand Therapy	18
Philosophy	20	Swimming / Aqua aerobics Tms 1 & 4	
Reading for Pleasure (4th Tues)	14	Traveller's Tales	11
Reading Jane Austen	15	U3A Garden Group	21
Science & Technology (FA week)	10		
Shakespeare Revisited	13		T
Tai Chi	22		
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Wellness Group	15		
What on Earth Group 1	14		†
What on Earth Group 2	16		1

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